UACDC's Get Moving Program & Pasta Packs proudly present:

## THE SAUCE

## YOUNG CHEFS IN THE MAKING

**COOKING CLASSES FOR YOUTH AGES 7-14** 

Do you love eating? If so, come and learn how to cook the food you put in your body with Chef Nic! We'll master how to fuel your body and mind in a fun and interactive way. Participants will learn a different recipe every class that gives them the energy they need to Get Moving!

AT UNIVERSITY AREA COMMUNITY CENTER 14013 N 22ND STREET, TAMPA FL 33613

THERE IS NO COST TO ATTEND.

Winter 2024 SCHEDULE EVERY OTHER WEDNESDAY FROM 5:00-6:30 PM

Oct. 9th, 23rd Nov. 6th, 20th Dec. 4th, 18th



Questions? Contact
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Furded in part by Hillsbarough County Florida